



## Councilman/Billingsley Aquatic Center (CBAC) Pool and Diving Well Policies

**Occupancy Capacity: Competition Pool = 1025, Diving Well = 356, Deck Space = 1259**

### **CBAC POOL POLICIES:**

1. Anyone who has or has had diarrhea in the past two (2) weeks shall not use the pool.
2. Anyone who has an area of exposed sub epidermal tissue, open blisters, cuts, etc. is advised not to use the pool.
3. State law requires that persons shall take a cleansing shower before using the pool.
4. Spitting, spouting of water, blowing the nose, and similar behavior in the pool is prohibited.
5. No running or rough play is permitted in the pool, on the runways, on diving boards, on floats, on platforms, in dressing rooms, or in showers.
6. Swimsuits are required. No cut-offs, gym shorts or other attire is allowed. Changing clothes on deck is prohibited.
7. No street shoes are permitted on the deck.
8. All diaper aged children shall use plastic pants with tight fitting elastic at the legs and waist, or swim diapers.
9. Do not change diapers at poolside.
10. Children/dependents under 18 must be accompanied and directly supervised by a parent or guardian (18 years or older) holding a valid IU identification card or membership, Daily/Weekly Pass, or valid Conference Bureau Name Badge.
11. Participants may not enter the pool until a Recreational Sports Lifeguard is on duty and instructions of the lifeguard must be obeyed at all times.
12. Lifeguards will make final decisions concerning the safety of all participants in the pool area.
13. If the lifeguards blow their whistles, stop what you are doing and follow their instructions.
14. In the event of an injury, an accident, or you are not feeling well, please notify a Lifeguard immediately.
15. Intoxication and profanity are prohibited.
16. Only US Coast Guard approved life jackets will be allowed and swimming aids are only allowed in the shallow area of the lap swimming pool. No other type of flotation device will be allowed.
17. Kickboards, pull buoys and Aqua Joggers are training aids and may not be used as flotation devices.
18. Use of the trampoline, dryland diving boards, harnesses, and hot tub is not permitted by Recreational Sports participants.
19. No diving into the competition pool. Use of starting blocks is prohibited for recreational use.
20. Lane lines should be used only as safety lines in case of an emergency.
21. No glass containers, food or drink (except water in plastic bottles) are permitted in the pool area.
22. Only towels, deck footwear, and items necessary for swimming are allowed on deck. All other personal belongings must be stored in a locker. During activity, please keep unused equipment near poolside and out of the way of participants on the deck.
23. Goggles, kickboards, pull buoys, fins and stroke paddles are allowed. Please return all Recreational Sports equipment to the storage bin.
24. All equipment in the equipment storage container is the property of Indiana University Division of Recreational Sports and should only be used in the pool area.
25. Lap Swimming will follow a circular pattern, swimming on the right-hand side of the lane at all times except to pass. Please try to pass another swimmer at the wall.

### **CBAC DIVING WELL POLICIES:**

1. Participants in the Diving Well must be able to swim the width of the pool.
2. Diving board and platform participants must leave the board/platform facing the water. Backward and inward dives are not permitted.
3. Only one bounce per dive is allowed on the springboards. There are no practice bounces allowed. No gymnastic activity (i.e. cartwheel or head and hand stands) is allowed.
4. Recreational Sports participants may only use the diving boards/platforms (1&3) closest to the center of the pool.
5. Use of the diving boards and platform or lap swimming during Group Exercise sessions and other organized activities is prohibited.
6. While the diving boards and platforms are in use, no other activity is permitted in that area of the diving well.
7. Running on the platforms is not permitted.
8. In the event of an injury, an accident, or you are not feeling well, please notify a Lifeguard immediately.

### **STATEMENT OF RESPONSIBILITY**

*Neither Indiana University nor Campus Recreational Sports accepts any responsibility for ill health or injury sustained while participating in any of the programs. No medical or ambulance expense incurred by a participant will be paid by Campus Recreational Sports or by the University. Participation is on a voluntary basis. It is recommended that all participants undergo a prior physical examination and carry some form of health and injury insurance. If an injury does occur, it should be reported to the nearest Recreational Sports staff member. In the event that blood is involved in an injury, that person cannot continue to participate until the wound is properly cleaned and dressed; any clothing with blood should be removed.*