



## Recreational Sports Age Policies

- Participants must be 18 years of age or older to use Recreational Sports facilities. Children under age 18 may come into the facility with a parent or legal guardian who has a valid membership or day pass.
- All children under the age of 18 must either have a valid day pass or be on their parent's/guardian's RS membership.
- Children under 18 must be participating with or directly supervised by a parent or legal guardian at all times.
- Dependents under age 18 may NOT enter with a sister, brother, coach, neighbor, etc.
- Pool use by dependents under the age of 18 is restricted to family swim times, swimming lessons or family programming.
- Strength and Conditioning areas, Group Exercise sessions, and cardio equipment around the track are not available to dependents under the age of 18.
- Dependents over the age of 6 are not permitted in the opposite gender locker room.

*Thank you for your cooperation!*