Cardio Studio Policies

Occupancy Capacity = 20

1. Safe and proper use of equipment is required at all times. If you are unsure about the safe handling of equipment please direct any questions to the Informal Sports Supervisors on duty upstairs in the Strength & Conditioning room.

2. All cardio equipment should remain in its original location.

3. Children under the age of 18 are not permitted in the Cardio Room.

4. Abuse of property or verbal or physical abuse of participants or staff will not be tolerated. Violators may be subject to disciplinary process and asked to leave the facility immediately.

5. Only authorized personnel of Campus Recreational Sports are allowed to personal train in the SRSC.

6. Athletic shoes covering the entire foot must be worn at all times. Open-toed and open-heeled shoes and sandals are not permitted. Workout clothes that fully cover the chest must be worn. Shirts are required at all times. JEANS ARE NOT PERMITTED.

7. Personal possessions should be stored in a locker. Recreational Sports is not responsible for lost or stolen items.

8. No food, drink (other than water), or glass containers are allowed past the turnstiles.

9. Strollers are not permitted in the Cardio Studio.

10. In the event of an injury or accident, please press the EMERGENCY PANEL button, in the hallway between courts 4 and 5, once to receive medical attention and/or seek assistance from an on-site supervisor at the turnstiles.

STATEMENT OF RESPONSIBILITY
Neither Indiana University nor Campus Recreational Sports accepts any responsibility for ill health or injury sustained while participating in any of the programs. No medical or ambulance expense incurred by a participant will be paid by Campus Recreational Sports or by the University. Participation is on a voluntary basis. It is recommended that all participants undergo a prior physical examination and carry some form of health and injury insurance. If an injury does occur, it should be reported to the nearest Recreational Sports staff member. In the event that blood is involved in an injury, that person cannot continue to participate until the wound is properly cleaned and dressed; any clothing with blood should be removed.